



Newsletter

Friday 6th October 2023



@PelhamPrimary_ Tel: 0208 303 6556 Email: Pelhamadmin@illuminateminds.org



Dear Parents and Carers,

This week our Dog Mentors have been very busy across the school.

Douglas helped Year 6 to edit and improve their stories during their English lesson. Doug listened carefully to the stories that were shared and gave them all 2 paws up!

Ona celebrated the children's achievements at our Celebration Assembly. The children were very happy to receive their certificates and Ona was very proud of them too.

Hendrix spent time with Year 2 outside at break time. The Year 2s enjoyed creating and playing their own games and Hendrix even joined in with some of them!

We will be sending out diary dates for Autumn 2 next week.

Next week, we will be hosting a MHST coffee morning on Tuesday 10th October from 9:30am to 10:30am, a curriculum coffee afternoon on Wednesday 11th October from 2:30pm to 3:00pm and a Year 5/Year 6 Social Media Parent Workshop on Thursday 12th October from 3:20pm to 4:00pm. We look forward to welcoming parents and carers to any and all of these events.

Our first Reception Open Day is being held on Thursday 19th October from 9:30am to 10:30am. If your child is due to start school in September 2024 please email pelhamadmin@illuminateminds.org or call 02083036556 to book your space on this day or one of the other days available (please see poster on page 4).

Kind regards,

Mr. T Baines - Head Teacher



We Dream Big

Attendance



Class	Percentage %
Bumblebees	95.2
Ladybirds	98.3
Dragonflies	92
Butterflies	99.7
Kangaroos	92.4
Koalas	98.7
Penguins	96.9
Polar Bears	92.9
Pelicans	93.3
Flamingos	99.6
Giraffes	95.2
Zebra	93.1
Starlings	94
Parakeets	96.3

It's great to see everyone
working so hard to achieve the
target of 100%

We can only do this if we all work together!

Please remember no dogs should be brought onto the school site at the beginning or end of the day (apart from assistance dogs).

Thank you.



Diary Dates

Monday 9th October 2023	Tuesday 10th October 2023
	Parent Coffee Morning 9.30am-10.00am- MHST Pelican Class- Swimming

Wednesday 11th October 2023	Thursday 12th October 2023	Friday 13th October 2023
Parent Coffee afternoon 2.30pm - 3.00pm- Our Curriculum Model	Year 5 and Year 6 Social Media Parent Workshop - KS2 Hall 3.20pm - 4.00pm	

Please see Twitter for more photos from our exciting learning here at Pelham. Our main school account is

[@PelhamPrimary_](#)

We also have Twitter accounts for each year group:

Nursery - [@PelhamNursery](#),

Reception - [@ReceptionatPP](#)

Year 1 - [@PelhamYear1](#)

Year 2 - [@PelhamYear2](#)

Year 3 - [@PelhamYear3](#)

Year 4 - [@PelhamYear4](#)

Year 5 - [@PelhamYear5](#)

Year 6 - [@PelhamYear6](#)

Flu Vaccination

Please use the link provided to access the electronic consent form.

<https://sar.hrch.nhs.uk/flu/2023/bexley>

Or scan the QR code below using your smartphone camera to direct you to the consent form website.



Please complete one consent form for each child to ensure your child receives their vaccination.

The Nursing Team will be coming to Pelham on Monday 27th November



RECEPTION OPEN DAYS

IS YOUR CHILD DUE TO START SCHOOL IN
SEPTEMBER 2024?

WE WOULD LIKE TO INVITE YOU TO OUR OPEN
DAY ON ONE OF THE FOLLOWING DATES:

THURSDAY 19TH OCTOBER 2023 - 9:30AM - 10:30AM

THURSDAY 16TH NOVEMBER 2023 - 9:30AM - 10:30AM

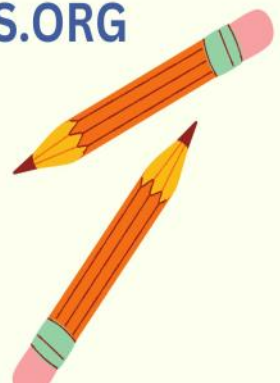
TUESDAY 28TH NOVEMBER 2023 - 4:30PM - 5:30PM

WEDNESDAY 10TH JANUARY 2024 - 9:30AM - 10:30AM

TO BOOK YOUR PLACE PLEASE EMAIL OR
CALL THE SCHOOL OFFICE ON:

PELHAMADMIN@ILLUMINATEMINDS.ORG

02083036556



TOP ATTENDANCE PRIZE!

The class with the top
attendance for this half term
will win a movie afternoon!

WILL IT BE YOUR CLASS?



WEEKLY MENU

We are on Week 3 this week



WEEK 1

17th April
15th May
19th June
17th July
25th Sept
23rd Oct

MONDAY

Macaroni Cheese 1.7
Vegetable Hot Pot 1.4
Jackets with a
Choice of Toppings 2.8
—
Green Beans
Carrots
—
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

BBQ Pulled Pork in a Bun 1.5
Herby Tomato Penne Pasta 1.4
Jackets with a
Choice of Toppings 2.8
—
Rainbow Rice
Sweetcorn, Courgettes
—
Chocolate Pudding 1.5
& Chocolate Sauce 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Chicken & Gravy
Cheesy Vegetable Burrito 1.7
Jackets with a
Choice of Toppings 2.8
—
Rustic Roast Potatoes
Cabbage, Carrots
—
Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Chicken Pie 1
Arabiata Pasta Twists 1.4
Jackets with a
Choice of Toppings 2.8
—
New Potatoes
Seasonal Vegetables
—
Peach Sponge 1.5
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Fish Fingers 1.8
Cheese & Spinach Pinwheel 1.7
Jackets with a
Choice of Toppings 2.8
—
Chips, Peas
Baked Beans, Coleslaw 9
—
Banana Bar 1.15
Yoghurt 7
Fruit Pots

Dishes marked
with any of
the following
numbers contain
the following
allergens:

- 1 Wheat Gluten
- 2 Cuscutaneans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/
Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Milkcases
- 12 Cereals/Celery
- 13 Nuts
- 14 Lupins
- 15 Bar Gluten
- 16 Barley Gluten

Allergen Accreditation

WEEK 2

24th April
22nd May
26th June
4th Sept
2nd Oct

MONDAY

Vegetable Pie 1.4
Cheese & Bean Wrap Packet 1.7
Jackets with a
Choice of Toppings 2.8
—
New Potatoes
Seasonal Vegetables
—
Banana in Chocolate Custard 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Sweet Chicken Curry
Cheese Topped Pasta Bake 1.7
Jackets with a
Choice of Toppings 2.8
—
Rice, Carrots
Cauliflower
—
Apple Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Pork & Gravy
Caribbean Pasty 1.4
Jackets with a
Choice of Toppings 2.8
—
Rustic Roast, Broccoli
Sweetcorn
—
Crispy Cake 1.25
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Cottage Pie
Cheesy Pasta Twists 1.7
Jackets with a
Choice of Toppings 2.8
—
Carrots, Green Beans
—
Lemon Drizzle Cake 1.5
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Chicken Goujons 1
Summer Frittata 9.9
Jackets with a
Choice of Toppings 2.8
—
Chips, Peas
Baked Beans, Cucumber Sticks
—
Caramel Cookie 1.7
Yoghurt 7
Fruit Pots

WEEK 3

1st May
5th June
3rd July
11th Sept
9th Oct

MONDAY

Margherita Pizza 1.2, 2.5
Loaded Cajun Bean Wedges 1.4
Jackets with a
Choice of Toppings 2.8
—
New Potatoes
Sweetcorn
Peppers
—
Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Sweet & Sour Pork
Cheesy Pasta Bows 1.7
Jackets with a
Choice of Toppings 2.8
—
Rice, Cauliflower
Carrots
—
Jam Tart 1.8 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Toad in the Hole 1.2, 1.5
Vegetable Toad in The Hole 1.2, 1.5
Jackets with a
Choice of Toppings 2.8
—
Rustic Roast Potatoes
Cabbage, Peas
—
Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Penne Bolognese 1
Rice & Bean Burrito 1.4
Jackets with a
Choice of Toppings 2.8
—
Baked Wedges
Seasonal Vegetables
—
Beetroot Cake 1.5
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Fish Fingers 1.8
Cheesy Bean Slice 1.7
Jackets with a
Choice of Toppings 2.8
—
Chips, Peas
Baked Beans, Coleslaw 9
—
Brownie 1.5
Yoghurt 7
Fruit Pots



WEEK 4

8th May
12th June
10th July
18th Sept
16th Oct

MONDAY

Meatfree Meatballs & Pasta 1.4
Quorn Sausage & Bean Pie 1.4
Jackets with a
Choice of Toppings 2.8
—
Cauliflower
Carrots
—
Peach Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Beef & Onion Pie 1
Cheesy Pasta Twists 1.7
Jackets with a
Choice of Toppings 2.8
—
New Potatoes
Seasonal Vegetables
—
Strawberry Pot 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

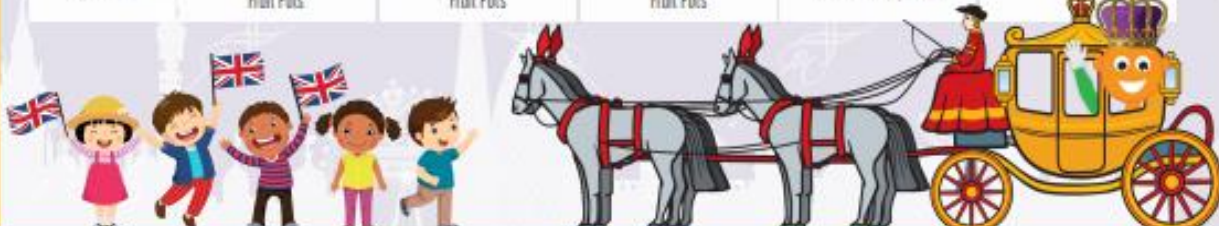
Roast Gammon & Gravy
Vegan Sausage Roll 1.4
Jackets with a
Choice of Toppings 2.8
—
Rustic Roast Potatoes
Green Beans, Carrots
—
Chocolate Cornflake Cake 1.2, 1.5
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Chicken Fajitas 1.8
Tomato Spaghetti 1.4
Jackets with a
Choice of Toppings 2.8
—
Rice, Sweetcorn, Side Salad
—
Troybake Pancake 1.25
& Berry Sauce
Mr Nourish Biscuit 1
Fruit Pots, Yoghurt 7

FRIDAY

Salmon Fish Cakes 1.2, 1.5
Margherita Pizza 1.2, 2.5
Jackets with a
Choice of Toppings 2.8
—
Chips, Peas
Baked Beans, Carrot Sticks
—
Doty Biscuit 1.15
Fruit Pots, Yoghurt 7





Mental Health Support Team for Schools Coffee
Morning

DATE: Tuesday 10th October

TIME: 9.30 – 10.00 am

Do you want to find out more about mental health and wellbeing support provided in school?

Come along to find out more about our team and the interventions we offer and how we can support your family!

We are here to help!

The mental health support team are part of Bexley CAMHS. We provide one to one support for young people, parent work and workshops in school. We work alongside the school to promote a whole school approach to emotional wellbeing and mental health. We look forward to seeing you there!



Keeping Bexley Safe

Take our
survey, have
your say



Bexley Community Safety Survey

Are you
concerned
about **safety** in
your area?

Tell us how
we could **reduce
crime** in Bexley

Simply fill in our
online survey or
scan the QR code



www.bexley.gov.uk/communitysafetysurvey