



Newsletter

Friday 8th September 2023



@PelhamPrimary_ Tel: 0208 303 6556 Email: Pelhamadmin@illuminate minds.org

Dear Parents and Carers,

Welcome back to school for this academic year, I hope you had a relaxing summer break.

The staff here at Pelham have been excited to welcome the children back to school and it has been fantastic to see all the children back and enjoying getting to know their new teachers and seeing their friends. It has also been great to see the children settling into their new classes and engaging with their learning. We are looking forward to working with you to support all of our Pelham community to DREAM BIG!

Keep an eye out on twitter **@PelhamPrimary_** next week for photos of our first Super Starts of the year.

Take care and remember to DREAM BIG !

Mr Baines - Head Teacher

We Dream Big

Attendance



Class	Percentage %
Butterflies	96.0
Dragonflies	95.9
Kangaroos	88.4
Koalas	96.3
Penguins	82.4
Polar Bears	84.2
Flamingos	76.1
Pelicans	78.3
Giraffes	86.3
Zebras	88.7
Parakeets	87.6
Starlings	82.5

It's great to see everyone working so hard to achieve or beating our 100% target.

We can only do this if we all work together!

Diary Dates

Monday 11 th September 2023	Tuesday 12 th September 2023
<p>Parent Coffee Morning 9-30am-10.30am Meet the SENCo focus</p> <p>Super Starts day- Please see curriculum overviews for information</p>	<p>Year 6 - Selection Test</p> <p>Pelican Class - Swimming</p>

Tuesday 19 th September 2023	Thursday 21 st September 2023	Friday 22 nd September 2023
<p>Parent Coffee Morning 9-30am -10.30am Meet the Leadership Team</p> <p>Pelican Class - Swimming</p>	<p>PSFA Annual General Meeting - 2.00pm</p> <p>Parent Coffee Evening 4.00pm - 4.30pm Meet the Leadership Team</p>	<p>Jeans for Genes Day - Children to wear Jeans (Donation to charity)</p>

WEEKLY MENU

We are on Week 3 this week



WEEK 1

17th April
15th May
19th June
17th July
25th Sept
23rd Oct

MONDAY

Macaroni Cheese 1.7
Vegetable Hot Pot 1.4
Jackets with a
Choice of Toppings 2.8.9

Green Beans
Carrots

Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

BBQ Pulled Pork in a Bun 1.5
Herby Tomato Penne Pasta 1.4
Jackets with a
Choice of Toppings 2.8.9

Rainbow Rice
Sweetcorn, Courgettes

Chocolate Pudding 1.9
& Chocolate Sauce 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Chicken & Gravy
Cheesy Vegetable Burrito 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Rustic Roast Potatoes
Cabbage, Carrots

Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Chicken Pie 1
Arabiata Pasta Twists 1.4
Jackets with a
Choice of Toppings 2.8.9

New Potatoes
Seasonal Vegetables

Peach Sponge 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Fish Fingers 1.8
Cheese & Spinach Pinwheel 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Chips, Peas
Baked Beans, Coleslaw 9

Banana Bar 1.15
Yoghurt 7
Fruit Pots

Dishes marked
with any of
the following
numbers contain
the watching
allergens:

- 1 Wheat Gluten
- 2 Cuscutaneans
- 3 Soybean
- 4 Mustard
- 5 Sesame
- 6 Sulphites/
Sulphur Dioxide
- 7 Milk
- 8 Fish
- 9 Egg
- 10 Peanuts
- 11 Milkcases
- 12 Celeriac/Celery
- 13 Nuts
- 14 Lupins
- 15 Bar Gluten
- 16 Barley Gluten

Aberdeen Accreditation

WEEK 2

24th April
22nd May
26th June
4th Sept
2nd Oct

MONDAY

Vegetable Pie 1.4
Cheese & Bean Wrap Pocket 1.7.9
Jackets with a
Choice of Toppings 2.8.9

New Potatoes
Seasonal Vegetables

Banana in Chocolate Custard 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Sweet Chicken Curry
Cheese Topped Pasta Bake 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Rice, Carrots
Cauliflower

Apple Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Pork & Gravy
Caribbean Pasty 1.4
Jackets with a
Choice of Toppings 2.8.9

Rustic Roast, Broccoli
Sweetcorn

Crispy Cake 1.2.16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Cottage Pie
Cheesy Pasta Twists 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Carrots, Green Beans

Lemon Drizzle Cake 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Chicken Goujons 1
Summer Frittata 9.9
Jackets with a
Choice of Toppings 2.8.9

Chips, Peas
Baked Beans, Cucumber Sticks

Caramel Cookie 1.7
Yoghurt 7
Fruit Pots

WEEK 3

1st May
5th June
3rd July
11th Sept
9th Oct

MONDAY

Margherita Pizza 1.2.2.9.9
Loaded Cajun Bean Wedges 1.4
Jackets with a
Choice of Toppings 2.8.9

New Potatoes
Sweetcorn
Peppers

Ice Cream 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Sweet & Sour Pork
Cheesy Pasta Bows 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Rice, Cauliflower
Carrots

Jam Tart 1.8 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Toad in the Hole 1.2.15
Vegetable Toad in The Hole 1.2.9.9
Jackets with a
Choice of Toppings 2.8.9

Rustic Roast Potatoes
Cabbage, Peas

Fruit Jelly
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Penne Bolognese 1
Rice & Bean Burrito 1.4
Jackets with a
Choice of Toppings 2.8.9

Baked Wedges
Seasonal Vegetables

Beetroot Cake 1.9
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

FRIDAY

Fish Fingers 1.8
Cheesy Bean Slice 1.7.9
Jackets with a
Choice of Toppings 2.8.9

Chips, Peas
Baked Beans, Coleslaw 9

Brownie 1.9
Yoghurt 7
Fruit Pots



WEEK 4

8th May
12th June
10th July
18th Sept
16th Oct

MONDAY

Meatfree Meatballs & Pasta 1.4
Quorn Sausage & Bean Pie 1.4
Jackets with a
Choice of Toppings 2.8.9

Cauliflower
Carrots

Peach Crumble 1 & Custard 7
Mr Nourish Biscuit 1
Fruit Pots

TUESDAY

Beef & Onion Pie 1
Cheesy Pasta Twists 1.7.9
Jackets with a
Choice of Toppings 2.8.9

New Potatoes
Seasonal Vegetables

Strawberry Pot 7
Mr Nourish Biscuit 1
Fruit Pots

WEDNESDAY

Roast Gammon & Gravy
Vegan Sausage Roll 1.4
Jackets with a
Choice of Toppings 2.8.9

Rustic Roast Potatoes
Green Beans, Carrots

Chocolate Cornflake Cake 1.2.16
Mr Nourish Biscuit 1
Yoghurt 7
Fruit Pots

THURSDAY

Chicken Fajitas 1.8
Tomato Spaghetti 1.4
Jackets with a
Choice of Toppings 2.8.9

Rice, Sweetcorn, Side Salad

Troybake Pancake 1.2.9
& Berry Sauce
Mr Nourish Biscuit 1
Fruit Pots, Yoghurt 7

FRIDAY

Salmon Fish Cakes 1.2.8
Margherita Pizza 1.2.2.9.9
Jackets with a
Choice of Toppings 2.8.9

Chips, Peas
Baked Beans, Carrot Sticks

Doty Biscuit 1.15
Fruit Pots, Yoghurt 7

