Pelham Primary School

Newsletter Friday 20th June 2025

To Parents and Carers,

It's been a hot and sticky week in the sunshine, but what a fantastic week it has been. I experienced my first Pelham sports day and I can honestly say, what a great experience. All children gave it 100% and truly gave it their all. Thank you to all the parents for supporting this event, I couldn't believe how many parents came. These events wouldn't be so successful without the support of our community so a big thank you for coming to cheer everyone along.

We also had two drama workshops in this week working with year six to ensure they have a smooth transition to year 7. All children found these sessions informative and taking something practical away with them to help for when they move to year 7.

Coming up, next week we have assessment week in years 1-5 which is usual for this time of year. We also have three year groups going out on school trips. Year 3 on Tuesday, Zebra's on Wednesday and year 4 on Thursday. I look forward to hearing all about them!

Please don't forget the Summer Fair on 4th July. Watch out for more information to follow soon.

Enjoy the sunshine over the weekend and we will see you all again next week

Best wishes,

Miss Took

Miss C. Took - Head of School

Dates for your Diary

Monday 23rd June 2025	Tuesday 24th June 2025	Wednesday 25th June 2025	Thursday 26th June 2025	Friday 27th June 2025
	Year 3 trip to London Maritime Museum	Zebras trip to RAF Museum Pelicans Swimming Lesson	Year 4 trip to British Museum	

Attendance % & Number of Children Late

For w/e: 20/06/25

Challenge– Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!

Caterpillars	87.6%	6
Bumblebees	95.6%	1
Ladybirds	92.6%	4
Butterflies	86.9%	1
Dragonflies	95.3%	1
Kangaroos	96.9%	2
Koalas	92.9%	3
Penguins	92.3%	7
Polar Bears	98.0%	2
Flamingos	94.3%	3
Pelicans	96.2%	3
Giraffes	89.7%	3
Zebra	98.3%	0
Parakeets	91.3%	3
Starlings	95.8%	5

Lunch Menu

APRIL TO OCTOBER 2025

WEEKLY MENU

NOURISH

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WEEK ONE 21ST APRIL 12TH MAY 9TH JUNE 30TH JUNE 21ST JULY 1ST SEPTEMBER 22ND SEPTEMBER 13TH OCTOBER	Mild Chilli Beef Tomato & Herb Penne Pasta **1 VG** Jacket with a Choice Of Toppings **7,8,9** Rice, Mixed Peppers, Peas Jammy Finger **1,6 VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Chicken Pesto Pasta Shells **1,7** Rice & Bean Burrito & Wedges **1 VG** Jackets with a Choice of Toppings **7,8,9** Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Sausage Roll & Gravy **1,6** Vegetable Sausage & Gravy **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Green Beans, Carrots Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Margherita Pizza **1,3,7 V** Loaded Cajun Bean Wedges **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Pasta **1**, Sweetcorn, Coleslaw **9** Sultana Cake **1VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Fish Fingers **1,8** or Salmon Fish Cake **1,7,8** Cheese & Tomato Pinwheel **1,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Baked Beans, Cucumber Caramel Cookie **1,7** Yoghurt **3,7** Fruit Pots **VG**
WEEK TWO 28TH APRIL 19TH MAY 16TH JUNE 7TH JULY 8TH SEPTEMBER 29TH SEPTEMBER 20TH OCTOBER	Vegetable Nuggets with Katsu Sauce **1VG** Onion Bhajis with Katsu Sauce **VG** Jackets with a Choice of Toppings **7,8,9** Rainbow Rice, Carrots, Peas Vanilla Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Beef & Onion Pie **1** Cheesy Pasta Twists **1,7 V** Jackets with a Choice of Toppings **7,8,9** Crushed Potatoes Seasonal Vegetables Chocolate & Mandarin Mousse **7,3** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Chicken & Gravy Roasted Vegetable Hot Pot **VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes Broccoli, Carrots Cornflake Cookie **1,3,7,16** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	BBQ Pulled Pork Loaded Wedges Tomato Spaghetti **1 VG** Jackets with a Choice of Toppings **7,8,9** Cauliflower, Coleslaw **9** Spiced Apple Focaccia **1,3 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Tuna Penne Pasta **1,7,8** Margherita Pizza **1,3,7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Grated Carrot Oaty Biscuit **1,15 VG** Yoghurt **3,7** Fruit Pots **VG**
WEEK THREE 5TH MAY 2ND JUNE 23rd JUNE 14TH JULY 15TH SEPTEMBER 6TH OCTOBER	Pork & Beef Bolognaise Pasta Shells **1** Cheese & Pesto Swirl **1,7 V** Jackets with a Choice of Toppings **7,8,9** Baked Wedges Seasonal Vegetables Ice Cream **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Caribbean Chicken Curry Herby Tomato Penne Pasta **1 VG** Jackets with a Choice of Toppings **7,8,9** Rice, Green Beans, Carrots Peach Sponge **1VG** & Custard **7** Mr Nourish Biscuit **1 VG** Fruit Pots **VG**	Roast Gammon & Gravy Samosa Puff **1 VG** Jackets with a Choice of Toppings **7,8,9** Rustic Roast Potatoes, Cabbage, Swede Fruit Jelly **VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Macaroni Cheese **1,7 V** Coconut & Spinach Biryani **6 VG** Jackets with a Choice of Toppings **7,8,9** Cauliflower, Mixed Peppers Chocolate Cake **1 VG** Mr Nourish Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**	Chicken Bites **1** Cheese & Cauliflower Nuggets **7 V** Jackets with a Choice of Toppings **7,8,9** Chips, Peas, Sweetcorn, Coleslaw **9** Ginger Biscuit **1 VG** Yoghurt **3,7**, Fruit Pots **VG**

AVAILABLE DAILY **1** Wheat Gluten **2** Crustaceans **3** Soybean **4** Mustard **5** Sesame **6** Sulphites/Sulphur Dioxide **7** Milk **8** Fish **9** Egg **10** Peanuts **11** Molluscs **12** Celeriac/Celery **13** Nuts **14** Lupins **15** Oat Gluten **16** Barley Gluten **VG** Vegan **V** Vegetarian

Primary 3 Selection of Salads **9**, Homemade Bread **1,3**. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celeriac. Please discuss with your manager.

WE ♥ VEGGIES

We Dream Big

PELHAM PRIMARY SCHOOL

Information/Reminders

Attached with this weeks Newsletter in ParentMail is the Wake Up Wednesdays guide on "You Tube Kids"

MHST WEBINAR

TRANSITION TO SECONDARY SCHOOL

Mental Health Support Team IN SCHOOLS

Oxleas NHS Improving lives

A webinar for parents on supporting their child with transition to secondary school on the 2nd July at 6pm. Please see the link below :-

https://www.eventbrite.co.uk/e/transition-to-secondary-school-a-mhst-webinar-tickets-1417163035789?aff=oddtdtcreator

AVOID HEAT STRESS

DRINK PLENTY OF WATER

If you would like to speak to a member of the school leadership team please email

pelhamadmin@illuminateminds.org