

Pelham Primary School

Newsletter Friday 14th March 2025



Dear Parents/Carers,

It has been another exciting week at school, filled with fantastic learning experiences and special events that have brought our school community together.

It has been Science Week across the school this week and we have been busy investigating the world around us. The week has been filled with exciting experiments, lessons and opportunities to observe science in action. Everyone has been working hard to become a scientist! This week has been hugely beneficial for the children. We hope we have inspired the children to understand the importance of science in the world around us.

As always, thank you for your continued support. It is wonderful to see the children embracing these opportunities with such enthusiasm, and we appreciate everything you do to encourage and support their learning at home.

Best wishes,

Mr Robison

Mr Robison
Executive Head Teacher/ Director of Standards



We Dream Big

Dates for your Diary



Monday 17th March 2025	Tuesday 18th March 2025	Wednesday 19th March 2025	Thursday 20th March 2025	Friday 121st March 2025
			PSFA Mothers Day Sale (See page 6 for details)	

Attendance % & Number of Children Late

For w/e: 14/03/25



Challenge– Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!

Caterpillars	94.6%	4
Bumblebees	100.0%	0
Ladybirds	90.5%	2
Butterflies	98.2%	1
Dragonflies	97.0%	2
Kangaroos	99.6%	0
Koalas	94.5%	1
Penguins	89.7%	4
Polar Bears	89.0%	2
Flamingos	94.8%	1
Pelicans	96.5%	1
Giraffes	97.4%	2
Zebra	87.7%	2
Parakeets	97.7%	2
Starlings	95.5%	3

Menu

WEEKLY MENU

NOURISH
GROW WITH US

NOVEMBER 2024
TO MARCH 2025

LOOK OUT FOR
OUR THEMED DAYS!

WEEK ONE

4TH NOVEMBER

2ND DECEMBER

6TH JANUARY

3RD FEBRUARY

10TH MARCH

MONDAY

Cheese & Bean Lasagne 1,3,4,7,9 V
Sweet Potato & Chick Pea Curry VG
Jackets with a Choice of Toppings 7,8,9
Rice, Sweetcorn, Peppers
Rice Pudding & Syrup 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Beef Stew & Dumpling 1
Pesto Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
Herby Bread 1,3,7,9, Green Beans, Carrots
Apple Crumble 1 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Turkey & Gravy
Falafel Burger 1,5 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes or Jollof Rice
Cauliflower, Broccoli
Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Chicken Arabiatha Pasta 1
Biryani Balls in a Curry Sauce 1 VG
Jackets with a Choice of Toppings 7,8,9
Seasonal Vegetables
Chocolate & Vanilla Cake 1,7
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Fish Fingers 1,8
Cheese & Tomato Puff 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Ginger Biscuit 1,15 VG
Yoghurt 3,7
Fruit Pots VG

WEEK TWO

11TH NOVEMBER

9TH DECEMBER

13TH JANUARY

10TH FEBRUARY

17TH MARCH

MONDAY

Chicken & Sweetcorn Pie 1
Herby Tomato Pasta Twists 1 VG
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Carrots, Peas
Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Mild Chilli 4
Pesto & Pea Penne 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Seasonal Vegetables
Toffee Apple Pudding 1 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Chicken & Gravy
Vegan Sausage Roll 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes or Jollof Rice
Cabbage, Sweetcorn
Chocolate Crispy Cake 1,3,7,16
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Macaroni Cheese 1,7 V
Rice & Bean Burrito 1 VG
Jackets with a Choice of Toppings 7,8,9
Baked Wedges, Green Beans, Cauliflower
Fruit Loaf 1,3,7,9
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Salmon Fish Cake 1,7,8
Margherita Pizza 1,3,7,9 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Carrot Sticks
Jaffa Biscuit 1 VG
Yoghurt 3,7
Fruit Pots VG

WEEK THREE

18TH NOVEMBER

16TH DECEMBER

20TH JANUARY

24TH FEBRUARY

24TH MARCH

MONDAY

Katsu Chicken Nugget 1
Cheesy Pasta Bake 1,7 V
Jackets with a Choice of Toppings 7,8,9
Rice, Sweetcorn, Peppers
Chocolate Whip 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Cheese & Onion Pinwheel 1,7 V
Spaghetti Vegetable Bolognese 1 VG
Jackets with a Choice of Toppings 7,8,9
New Potatoes, Green Beans, Carrots
Syrup Sponge 1 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Savoury Mince & Yorkshire Puddings 1,7,9
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes, Cabbage, Peas
Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Sweet Chilli Chicken Noodles 1,3,16
Potato & Vegetable Cake
with Tomato Sauce VG
Jackets with a Choice of Toppings 7,8,9
Garlic Bread 1,3,7,9, Seasonal Vegetables
Cinnamon Roll 1,3,7,9
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

Sausages 1,6
Quorn Sausage 1 VG
Jackets with a Choice of Toppings 7,8,9
Chips, Peas
Baked Beans, Roasted Onions
Apple Piejack 1,15 VG
Yoghurt 3,7, Fruit Pots VG

WEEK FOUR

25TH NOVEMBER

30TH DECEMBER

27TH JANUARY

3RD MARCH

31ST MARCH

MONDAY

Margherita Pizza 1,3,7,9 V
Meatfree Meatballs in Tomato Sauce VG
Jackets with a Choice of Toppings 7,8,9
Rainbow Pasta 1 VG, Sweetcorn, Peppers
Strawberry Mousse 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

TUESDAY

Chicken Curry
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9
Rice, Seasonal Vegetables
Banana Loaf 1 VG & Chocolate Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

WEDNESDAY

Roast Chicken & Gravy
Chinese Tofu wrap 1,3,16 VG
Jackets with a Choice of Toppings 7,8,9
Rustic Roast Potatoes or Jollof Rice
Green Beans, Carrots
Ice Cream 7
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

THURSDAY

Bolognese Penne Pasta 1
Cheesy Cajun Wedges 4,7 V
Jackets with a Choice of Toppings 7,8,9
Cauliflower, Broccoli
Jam & Vanilla Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

FRIDAY

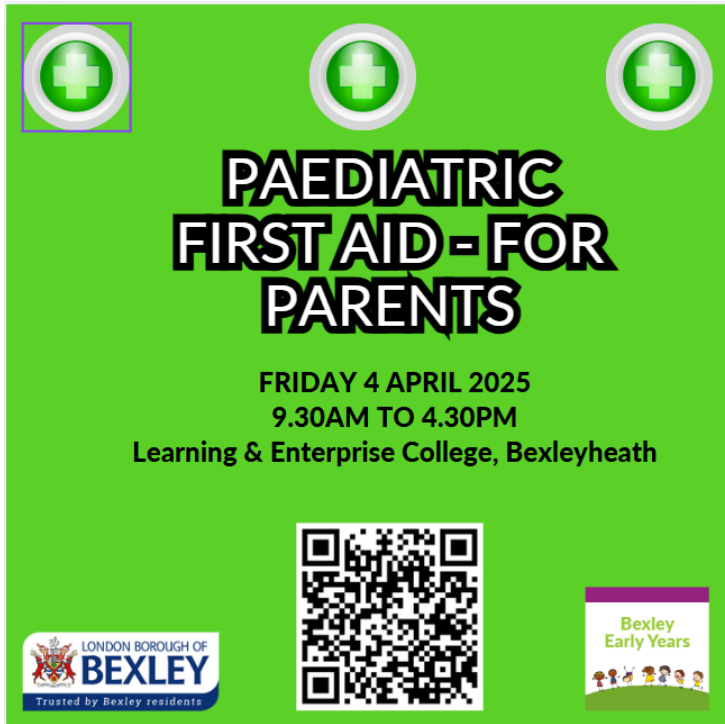
Fish Fingers 1,8
Bruschetta 1,7 V
Jackets with a Choice of Toppings 7,8,9
Chips, Peas, Baked Beans, Coleslaw 9
Coconut Cookie 1,7
Yoghurt 3,7
Fruit Pots VG

AVAILABLE DAILY: Selection of Salads 9, Homemade Bread 1,3,7,9. Some of our schools may use pre prepped potatoes or vegetables on occasions. These may contain sulphites and celestiac. Please discuss with your manager.

VG Vegan V Vegetarian
1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk
8 Fish 9 Egg 10 Peanuts 11 Molluscs 12 Celenaec/Calery 13 Nuts 14 Lupinus 15 Oat Gluten 16 Bailey Gluten
A allergen Accreditation





EAT YOUR VEGGIES!




**PAEDIATRIC
FIRST AID - FOR
PARENTS**

FRIDAY 4 APRIL 2025
9.30AM TO 4.30PM
Learning & Enterprise College, Bexleyheath




LONDON BOROUGH OF
BEXLEY
Trusted by Bexley residents


Bexley
Early Years




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BEXLEY
Trusted by Bexley residents


Bexley
Early Years

**PAEDIATRIC FIRST
AID - FOR PARENTS**

10 May 2025
09.30am to 4.30pm
The Running Horses PH, Erith





Research shows “Accidents to children are a significant health issue, being a major cause of preventable death, serious injury and long-term disability across the UK.

Under-5s are particularly at risk of being injured in home accidents, with falls accounting for the majority of non-fatal accidents and threats to breathing such as suffocation, strangulation and choking causing the highest number of deaths. Most home accidents are preventable through increased awareness, improvements in the home environment and greater product safety”.

Bookings are on a first come first serve basis.

Parents will need a BSN account, which they can request via earlyyears@bexley.gov.uk

EARLY YEARS TEAM
London Borough of Bexley



SCHOLASTIC
BOOK FAIR
2025
MARCH 28TH - 2ND APRIL
KS1 HALL
3.30-4.15



🌸 Mother's Day Sale Announcement 🌸

On Thursday 20th March, we'll be hosting a special Mother's Day Sale during school with beautiful gifts ranging from £1.50 to £4.00.

Please send your children with some change so they can choose the perfect presents for mums, nans, and loved ones.



Also, kindly send them with a carrier bag to help safely store and carry their lovely gifts. 📦👉

Let's make this Mother's Day extra special!

REMEMBER to sign up for the Parents Consultation Evenings on **Monday 31st March** and **Tuesday 1st April**
3.30pm—6.00pm

If you would like to speak to a member of the school leadership team please email

pelhamadmin@illuminateminds.org

