

Friday 15th May 2026

Pelham Primary School Newsletter



DATES COMING UP :

- 22nd May Learning Showcases - 2.15pm
- 5th June Colour Day
- 8th June at 10am Nursery & Reception Sports Day
- 8th June at 2pm Year 1 & 2 Sports Day
- 9th June at 10am Year 3 & 4 Sports Day
- 9th June at 2 pm Year 5 & 6 Sports Day
- 12th June Family colour run (look out for more details coming soon)
- 18th June Fathers day sale
- 22nd June INSET day
- 3rd July INSET day
- 9th July Year 6 Performance 5pm
- 10th July Summer fair
- 14th July Year 6 leavers disco 4.30-6.30pm
- 16th July Year 6 leavers assembly 2pm
- 17th July Last day of term, 1.30pm finish.



To Parents and Carers,

I would like to start this weeks newsletter with a huge congratulations to all children in year 6. This week they all sat their SATs, they were all amazing, tried their absolute best and showed resilience throughout. We could not be prouder of their efforts. WELL DONE YEAR 6.

Reception children went on a trip to Hall place which was also a success, thank you to all parents and careers that came to help. The children have been telling me all about the butterflies and have been sharing what they learnt with adults and children back in school.

A REQUEST...

Recently we have received a high number of complaints from our local residents regarding the parking of cars outside our school during drop of and collection times. We understand that this can be difficult but please can I remind all parents that we should not be parking across driveways, in allocated car parking bays, on peoples driveways, in permit holder spaces or on the yellow zig zags. We appreciate your cooperation with this going forward.

EXCITING NEWS...

Last week we notified you that we will be opening a brand new 2-year-old Nursery in September 2026. This will be in a brand new purposeful built Nursery. Work has now begun for this exciting project, over the coming weeks you will see our building team arriving on site and parts of our exterior grounds being changed to allow room for the build. Please don't worry children will not be affected by this. **If you would like to find out more about our new nursery or reserve a place for your 2-year-old, please do contact the school via email pelhamadmin@illuminateminds.org .**

Have a good weekend all
Kind Regards
Miss Took
Head of School



Reminders:

- As the weather is now getting warmer, please can you ensure you put sun cream on your children before coming to school and ensure they have their water bottles.
- Please ensure that children are only using Pelham rucksacks or book bags in school. PE kit should be in their PE bags. You can find pictures of these below and a link to our supplier.
- Please ensure all children have PE kits in school, bringing on a Monday and taking home on Friday.
- If you have more than one library book at home please return to school, our library is low on books.

*"We are all different, but that's what makes us special."
– Julia Donaldson*

Weekly Calendar

Monday 18 th May 2026	Tuesday 19 th May 2026	Wednesday 20 th May 2026	Thursday 21 st May 2026	Friday 22 nd May 2026
KS2 Code Camp Club 3.20-4.20pm	Flamingos Trip to FAB Forset School.	Year 2 Hall Place Butterfly Garden Trip	ASM Football Training Y1-6 3.20-4.20pm Centre Stage – Performing Arts Y1-6 3.20-4.20pm Year 3 Local Visit to Danson Park Pelicans Trip to FAB Forest School	Whole School Learning Showcase 2:15pm

Attendance and Number of Children Lates

For W/E 15/05/2026



Class	Attendance	Lates
Caterpillars	93.0%	1
Bumblebees	96.7%	3
Ladybirds	95.2%	3
Butterflies	93.8%	2
Dragonflies	95.7%	2
Kangaroos	97.2%	1
Koalas	96.7%	2
Penguins	94.8%	0
Polar Bears	97.2%	4
Flamingos	92.7%	5
Pelicans	97.2%	1
Giraffes	98.6%	4
Zebras	99.3%	2
Parakeets	96.9%	1
Starlings	98.0%	1



Challenge – Let's hit the 96% mark for all classes. Those classes who have had the biggest improvement will win a prize!



Information



Guided Self Help for Behaviour Problems

A 9-week guided self-help programme for parents

Fridays 10.30am- 12 (online)

Starting June 2026

Are you finding it hard to manage some of your child's behaviour?

Are you unsure of how best to respond to challenging behaviour?

Would you like your child to show more positive behaviours at home?

We are here to help!

It is completely normal for children to behave in a way that is challenging and undesirable at times, and it is completely normal for parents/carers to find this hard to handle.

Bexley Mental Health Support Team are running this group to support any parents/carers that are interested in learning evidenced based parenting methods to help improve their child's behaviour.

If you would like to access this support, please fill a self-referral form or ask your child's school to complete a referral for you. Referrals must be submitted by Friday 5th June to secure a place.

MHST Webinars

Bexley Mental Health Support Team are offering the following webinars to all parents of primary school children. Please register on the link below if you wish to attend. We look forward to seeing you there!

Emotion Regulation

Wednesday 20th May 2026 5pm-6pm

<https://www.eventbrite.com/e/1988984570392?aff=oddtcreator>

Helping your child with fears and worries

Tuesday 9th June 2026 4-5pm

<https://www.eventbrite.com/e/1988985224348?aff=oddtcreator>

Transition to secondary school

Wednesday 1st July 2026 4-5pm

<https://www.eventbrite.com/e/1988985854732?aff=oddtcreator>

The Bexley Mental Health Support Team provides a service to both Primary and Secondary schools, delivering evidence-based interventions for children and young people experiencing mild-moderate mental health issues. The service is delivered by professionals who have specialist training in early intervention for children and young people. We provide 1:1 and group interventions for young people and parents, as well as workshops and webinars. Our core interventions include work with parents around common behavioural difficulties and children's fears and worries, and our work with older children and adolescents focuses on anxiety or low mood. For primary school aged children, we mainly work with parents and carers. We do sometimes work directly with Year 6 children.

Please speak to a member of school staff if you are interested in a referral to our service.



Mental Health Support Team

Guided Self Help for Behaviour Problems Information Sheet

Who is this programme for?

The programme is for any parent/carer that would like support in managing tricky/undesirable behaviour their child is showing and/or would like to learn some techniques to increase positive behaviour. You may have already tried several techniques and feel that nothing is working. You may have one child that is more challenging to parent compared to siblings. You may feel that your child's behaviour problems are very mild but would like to take the opportunity to learn strategies to promote positive behaviour and increase your child's self-esteem.

What does it involve?

9 weekly online sessions run by 3 MHST practitioners, plus an initial online appointment with individual families to get to know you better before we start. Sessions include the teaching of parenting techniques based on social learning theory, group discussion and problem solving. The group provides a supportive and non-judgemental space for parents to talk through the normal day to day difficulties of parenting. We encourage parents to participate in discussion to get the most out of this intervention, however it is of course your decision to share as much or as little as you would like to.

Who are the Mental Health Support Team (MHST)?

We provide preventative and early intervention support for children and their families. We work with a number of schools in the Bexley area and only take referrals from the schools we work with. We are actively trying to reduce stigma and increase accessibility to mental health services. We aim to help prevent serious mental health difficulties from developing in the future by providing education and guided self-help interventions at an early stage.

More information:

Your child's school will have a designated wellbeing lead who liaises closely with our team, please approach school staff if you would like further information about the programme or other support that we offer.



RIGHTS RESPECTING SCHOOLS

We are excited to share that our school is working towards achieving the UNICEF Rights Respecting Schools Bronze Award. This award recognises schools that place children's rights at the heart of school life and promotes respect, kindness, equality and pupil voice throughout the community. Over the coming months, children will be learning more about their rights and how we can all work together to create a safe, supportive and inclusive environment for everyone. We look forward to sharing our journey and progress with you.

School Uniform Reminder

To help maintain high standards and consistency across the school, please ensure your child attends school wearing the correct uniform every day. All uniform items should be clearly named.

School Uniform

Uniform items with the school logo (jumpers, cardigans, t-shirts and polo shirts) can be purchased from Caseys online or from their shop in Blackfen.

Key Stage 1 & Key Stage 2

·Children should wear:

- White polo shirt, blouse or shirt
- Royal blue cardigan or sweatshirt
- Dark grey/black trousers, shorts or skirt
- Blue and white checked summer dress (optional)
- White/Grey or Black socks
- Thick black, grey or white tights during winter
- Black school shoes with sensible heels
(No trainers)

Nursery

·Children should wear:

- White polo shirt
- Royal blue cardigan or sweatshirt
- Grey trousers, joggers, skirt or pinafore
- Dark grey or white socks
- Thick black, grey or red tights during winter
- Black trainers

Coats

All children must bring a suitable coat every day, as outdoor play takes place in all weather conditions.

PE Kit

Children should bring their PE kit to school on Monday and leave it in school for the week.

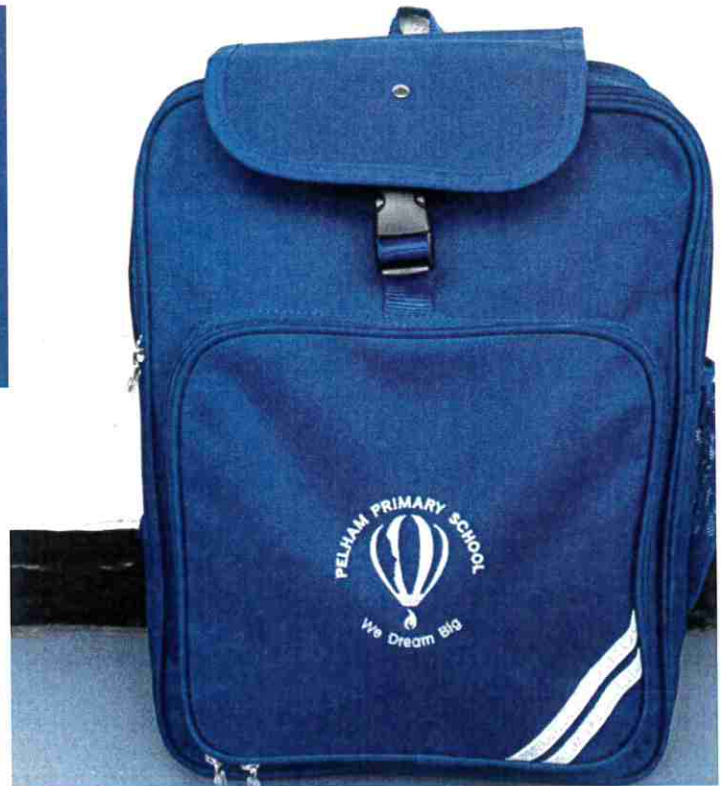
PE kit should include:

- Blue or white T-shirt
- Plain black shorts
- Plimsolls or plain black trainers
- Plain black tracksuit

Thank you for your continued support in ensuring all children are dressed appropriately and ready to learn.

Information

When dropping off and collecting your children from school, please be mindful of our neighbours. We have received concerns from local residents asking that driveways are not blocked or used for parking at any time. In addition, please do not park in restricted areas, including the zig-zag lines outside the school, permit holder spaces, or in car parks within the surrounding closes. Your cooperation in respecting local residents, road safety regulations, and access for all is greatly appreciated. Thank you in advance for your support



If you need a new book bag or PE bag please go to the school office where purchase these. Our new Pelham rucksacks can be purchased from Casey's School Uniform. The link is below. <https://www.caseysschoolwear.co.uk/primary-school/pelham-primary-school.htm>



If you would like to speak to a member of the school leadership team please email: pelhamadmin@illuminateminds.org

Term Dates / Lunch Menu



Illuminateminds Trust - Term Dates 2025/26

September 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
36	1	2	3	4	5	6	7
37	8	9	10	11	12	13	14
38	15	16	17	18	19	20	21
39	22	23	24	25	26	27	28
40	29	30					

October 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
40			1	2	3	4	5
41	6	7	8	9	10	11	12
42	13	14	15	16	17	18	19
43	20	21	22	23	24	25	26
44	27	28	29	30	31		

November 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
44						1	2
45	3	4	5	6	7	8	9
46	10	11	12	13	14	15	16
47	17	18	19	20	21	22	23
48	24	25	26	27	28	29	30

December 2025							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
49	1	2	3	4	5	6	7
50	8	9	10	11	12	13	14
51	15	16	17	18	19	20	21
52	22	23	24	25	26	27	28
1	29	30	31				

January 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
1				1	2	3	4
2	5	6	7	8	9	10	11
3	12	13	14	15	16	17	18
4	19	20	21	22	23	24	25
5	26	27	28	29	30	31	

February 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
5							1
6	2	3	4	5	6	7	8
7	9	10	11	12	13	14	15
8	16	17	18	19	20	21	22
9	23	24	25	26	27	28	

March 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
9							1
10	2	3	4	5	6	7	8
11	9	10	11	12	13	14	15
12	16	17	18	19	20	21	22
13	23	24	25	26	27	28	29
14	30	31					

April 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
14			1	2	3	4	5
15	6	7	8	9	10	11	12
16	13	14	15	16	17	18	19
17	20	21	22	23	24	25	26
18	27	28	29	30			

May 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
18					1	2	3
19	4	5	6	7	8	9	10
20	11	12	13	14	15	16	17
21	18	19	20	21	22	23	24
22	25	26	27	28	29	30	31

June 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
23	1	2	3	4	5	6	7
24	8	9	10	11	12	13	14
25	15	16	17	18	19	20	21
26	22	23	24	25	26	27	28
27	29	30					

July 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
27			1	2	3	4	5
28	6	7	8	9	10	11	12
29	13	14	15	16	17	18	19
30	20	21	22	23	24	25	26
31	27	28	29	30	31		

August 2026							
Wk	Mo	Tu	We	Th	Fr	Sa	Su
31						1	2
32	3	4	5	6	7	8	9
33	10	11	12	13	14	15	16
34	17	18	19	20	21	22	23
35	24	25	26	27	28	29	30
36	31						

INSET DAYS

HOLIDAYS

*School finishes at 1pm on 19/12/25 & 17/07/26



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

13 April
4 May
1 June
22 June
13 July
31 August
21 September
12 October

Beef Bolognese Pasta 1
Cheese & Pesto Swirl 1.7 V
Jackets with a Choice of Toppings 7,8,9

Baked Wedges
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Macaroni Cheese 1.7 V
Chick Pea & Spinach Biryani VG
Jackets with a Choice of Toppings 7,8,9

Carrots
Mixed Peppers

Toffee Tart 1.7 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Gammon & Gravy
Meatfree Meatballs & Gravy 6 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Cabbage
Swede

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Korma
Herby Tomato Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Green Beans
Carrots

Chocolate Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Fish Fingers 1.8
Wrap Stack 1.7 V
Jackets with a Choice of Toppings 7,8,9

Chips
Sweetcorn & Peas
Coleslaw 9

Lemon Drizzle Biscuit 1.6 VG
Yoghurt 3,7
Fruit Pots VG

WEEK TWO

20 April
11 May
8 June
29 June
20 July
7 September
28 September
19 October

Cheesy Cauliflower Pasta 1.7 V
Vegetable Burger in a Bun 1.5,6 VG
Jackets with a Choice of Toppings 7,8,9

Baked Wedges,
Carrots,
Peas

Honey Cake 1 & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Minced Beef Curry
Pesto & Pea Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Seasonal Vegetables

Summer Trifle 1.7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Roast Chicken & Gravy
Samosa Puff 1 VG
Jackets with a Choice of Toppings 7,8,9

Rustic Roast Potatoes
Broccoli
Carrots

Cornflake Cookie 1,7,16
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Chicken Fajita 1
Tomato Spaghetti 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Tomato Salsa
Green Beans

Carrot & Orange Cake 1 VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

Salmon Fish Cake 1.8
Margherita Pizza 1,3,7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas,
Grated Carrot

Oaty Biscuit 1,15 VG
Yoghurt 3,7
Fruit Pots VG

WEEK THREE

27 April
18 May
15 June
6 July
14 September
5 October

Mild Chili Beef
Tomato & Herb Penne Pasta 1 VG
Jackets with a Choice of Toppings 7,8,9

Rice
Peas
Mixed Peppers

Jam Roly Poly 1,6 VG & Custard 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

Chicken Pie 1
Vegetable Stir Fried Noodles 1 VG
Jackets with a Choice of Toppings 7,8,9

Crushed Potatoes
Seasonal Vegetables

Ice Cream 7
Mr Nourish Biscuit 1 VG
Fruit Pots VG

BRUNCH
Pork Sausage & Bacon 1,3,6
Or Vegetable Sausage 1 VG
Jackets with a Choice of Toppings 7,8,9

Brunch Hash Potatoes
Baked Beans
Mushrooms & Tomatoes

Fruit Jelly VG
Mr Nourish Biscuit 1 VG
Yoghurt 3,7, Fruit Pots VG

**Harry Potter
Themed
Lunch**

Fish Fingers 1.8
Cheese & Bean Parcel 1.7 V
Jackets with a Choice of Toppings 7,8,9

Chips,
Peas, Baked Beans
Cucumber Sticks

Caramel Cookie 1.7 V
Yoghurt 3,7,
Fruit Pots VG

1 Wheat Gluten 2 Crustaceans 3 Soybean 4 Mustard 5 Sesame 6 Sulphites/Sulphur Dioxide 7 Milk 8 Fish 9 Egg
10 Peanuts 11 Molluscs 12 Celeriac/Celery 13 Nuts 14 Lupins 15 Oat Gluten 16 Barley Gluten VG Vegan V Vegetarian