

— Friday 18th September 2026 —

Pelham Primary School Newsletter



DATES COMING UP:

22nd September
Year 1 trip to Hall
Place.

23rd September
Year 5 trip to The
Science Museum.

30th September
Year 6 trip to The
Tower of London.

2nd October Year
3 Stone Age
Workshop

7th October
Ladybirds trip to
the Library.

7th October Year 4
trip to The
Maritime
Museum.

8th October
Bumblebees trip
to the Library.

To Parents and Carers,

it has been a wonderful and busy second week back at school! The children have settled into their routines brilliantly, and there has been so much exciting learning happening both inside and outside the classroom.

Our New 2+ Nursery is Officially Open! This week was particularly exciting as our brand-new 2-year-old nursery provision officially opened its doors! We were delighted to welcome our new children and their families to the Pelham community. If you have a two-year-old and are interested in securing a spot, please see the leaflets below for details on how to register a place.

School Trips & Curriculum Enrichment

- Year 4 Deptford Creek Trip: Year 4 had an incredible outdoor learning experience visiting Deptford Creek. The children waded into the river and enjoyed exploring various aspects of the river's ecosystem and its formation.
- Year 2 Horniman Museum Trip: Year 2 visited the Horniman Museum to support their science learning. They had a fantastic time exploring the Living Things and Their Habitats exhibitions, investigating things that are living, dead, and have never been alive.

Introducing the 'Gold Table' Friday Reward

We are updating our Friday award for the children who earn the most ClassDojo points each week!

Previously, these pupils were invited to have hot chocolate with a member of the leadership team. Starting this week, our ClassDojo winners will enjoy an upgraded experience:

- They will go into the lunch hall first on Fridays.
- They will dine at our special 'Gold Table' alongside a member of leadership.
- They will be served juice, hot chocolate, and delicious homemade cake kindly provided by our new catering team.

Jeans for Genes Day

Thank You Finally, a huge thank you to everyone who kindly donated to Jeans for Genes Day via Arbor. Your support and generosity are greatly appreciated, and we will ensure all funds raised are passed directly to the charity.

New Social Media Pages

Please follow us on both Instagram - **pelhamprimaryda7** and Facebook - **Pelham Primary DA7**

Thank you all for your continued support, and I hope you have a restful weekend

Kind Regards
Miss Took
Head of School



Reminders:

- Please ensure All children are wearing the correct uniform, this includes shoes, **Brands are not permitted as part of our school uniform**
- Socks should be white, grey or black only. No leggings please.
- Please ensure all children have PE kits in school, bringing on a Monday and taking home on Friday.
- please remember that children should only bring a pelham book bag or pelham rucksack to school.
- Full details of our uniform can be found on our website



Weekly Calendar

Monday 21st September 2026	Tuesday 22 nd September 2026	Wednesday 23 rd September 2026	Thursday 24 th September 2026	Friday 25 th September 2026
	Martial Arts Club Gymnastics Club Pokemon Club Year 1 Trip to Hall Place	Drama Club Young Voices Year 5 Trip to Science Museum	ASM Football Club Centre Stage	Lingotot Spanish Club



Pelham Primary School

Little Dreamers 2+ Provision ♡♡



Little Dreamers 2+ Provision

Our **brand-new Little Dreamers 2+ Provision** provides high-quality early years learning in a nurturing, safe and inspiring environment.

We create a space where children can **learn, play, explore and grow** with confidence.

With caring staff and exciting opportunities, we help every child build strong foundations for their future.



To book a visit or register today, please call **02083036556**



or email the school office :
pelhamadmin@illuminate minds.org

**SPACES
AVAILABLE
NOW!**

TOXIC GAMING

WHAT ARE THE RISKS?

Gaming should be a way for children to have safe fun with their friends. But anonymity and a lack of consequences can mean that corners of online multiplayer gaming are riddled with toxicity that makes them unpleasant at best, and damaging to children at worst.

A 2019 study found 74% of players had experienced harassment in online games, and such behaviour has become increasingly normalised.

GAMING WITHOUT THE FUN

Toxic gaming takes many forms. In five, multiplayer games, players can be targeted by strangers bullying them over voice and text, or deliberately sabotaging their game. It can also be present in spaces outside of the game such as Discord and Reddit, with players gossipping their community and making it deliberately unwelcoming to newcomers. In extreme circumstances, it can lead to physical threats, doxing and doxing.

WIDESPREAD TOXICITY

The Anti-Defamation League's 2018 study numbers are stark. At that point, 34% of players had experienced some form of abuse, with 68% receiving physical threats, shaming or sustained harassment. Nearly a third of players surveyed found themselves doxed while playing online, which means private or personal information was shared against their will in an attempt to intimidate or silence.

BIGOTED TRASH TALK

Such toxic tactics are especially prevalent against girls, LGBTQ+ players and players from minority ethnic backgrounds. In all, 68% of respondents reported being targeted based on their race, religion, gender, sexual orientation or disability. Another survey revealed that 31% of openly LGBTQ+ players have been harassed by their communities, while over half of women report using a non-gendered or male username while playing to avoid harassment.

EXTREMIST IDEOLOGIES

Extremist groups have been known to target gaming communities and streaming platforms as a way of spreading propaganda and recruiting young players to their cause. Even in 2019, the ADL's research found that 23% of players had been exposed to white supremacist ideology, with a further 5% exposed to positive views about Islamic State. Disinformation is also a problem, with 13% hearing conspiracy theories about 9/11 and 1% exposed to Holocaust denial.

A SAFE SPACE MADE UNSAFE

This toxic environment can lead to the same feelings of fear, isolation and depression that offline bullying can. Children exposed to toxic gaming can become withdrawn, anxious or irritable. They can struggle with sleep and find it difficult to focus on schoolwork and other pursuits, even after the game has been switched off and they're no longer playing.

COPYING HARMFUL BEHAVIOUR

At the other end of the spectrum, children can mimic the toxic behaviour and language they've seen online in offline settings. If bullying or bigoted chat is normalised as a legitimate part of online gaming, children may end up emulating it offline with classmates, making it no harmless fun. This could make other children's lives miserable or leave them feeling isolated or silent.

Advice for Parents & Educators

PLAY WITH FRIENDS

While some games rely on playing with strangers to make up the numbers, there are plenty of those that can be played on a private server with verified, trusted friends, sidestepping the toxic elements of the wider gaming community. If a child encounters toxic behaviour in online while playing larger games, encourage them to block and report the players responsible.

USE THE GAME'S TOOLS

Many online games provide ways to limit interaction with strangers, either through the global settings on PlayStation or Xbox, or within the game itself. Look at the options, and make it so children can only communicate with their friends. If you can't see this level of control, you can consider disabling chat completely and, where age-appropriate, using a suitable separate service for communication with friends.

TALK TO CHILDREN

Most importantly, if children are gaming online or want to start, talk to them about the risks and how to deal with toxic behaviour. Explain the kinds of behaviour they may encounter, encourage them to report and block, and let them know they can talk to you about any concerns. Where appropriate, you may even want to play alongside them to get a feel for the community yourself.

FIND THE RIGHT COMMUNITY

If your child is at an age where social media is permitted, friendly communities exist. There are online groups for LGBTQ+ players, players from minority backgrounds and girls, where they can chat and find people to play with in more welcoming environments. Not everyone is who they claim to be online, so be sure to discuss the risks of online friendships, and maintain an open dialogue with children to ensure their ongoing safety.

Meet Our Expert

Alex Worthle is a technology journalist who has written for publications including Wired, TechCrunch, The Telegraph, The Evening Standard, The Guardian and The New York Times.



#WakeUpWednesday

The National College

Attendance and Number of Children Lates For W/E 11/09/2026



ATTEND TODAY. ACHIEVE TOMORROW EVERY DAY COUNTS

Registration Form	Present Marks (%)	Late Marks
 Caterpillars	98.0%	2
 Little Dreamers	100.0%	0
 Bumblebees	96.3%	0
 Ladybirds	91.4%	1
 Butterflies	98.9%	2
 Dragonflies	90.5%	3
 Kangaroos	88.8%	3
 Koalas	95.2%	2
 Penguins	98.7%	4
 Polar Bears	98.9%	3
 Flamingos	97.9%	2
 Pelicans	96.4%	1
 Giraffes	97.0%	5
 Zebra	99.7%	4
 Parakeets	93.8%	0
 Starlings	97.9%	1

WHY ATTENDANCE MATTERS

You learn more
You build friendships
You gain confidence
You have fun

Every day in school
is another chance to
learn, laugh and
achieve

CHALLENGE TIME!

Can we get even
more classes above
95% attendance
next week?

BE HERE. BE READY. BE YOUR BEST

Thank you to all our families for your continued support in helping
children attend school every day!

Term Dates & Lunch Menu



Illuminateminds Trust – Term Dates 2026/27

September 2026						
Wk	Mo	Tu	We	Th	Fr	Sa
36		1	2	3	4	5
37	7	8	9	10	11	12
38	14	15	16	17	18	19
39	21	22	23	24	25	26
40	28	29	30			

October 2026						
Wk	Mo	Tu	We	Th	Fr	Sa
40				1	2	3
41	5	6	7	8	9	10
42	12	13	14	15	16	17
43	19	20	21	22	23	24
44	26	27	28	29	30	31

November 2026						
Wk	Mo	Tu	We	Th	Fr	Sa
44						1
45	2	3	4	5	6	7
46	9	10	11	12	13	14
47	16	17	18	19	20	21
48	23	24	25	26	27	28
49	30					

December 2026						
Wk	Mo	Tu	We	Th	Fr	Sa
49		1	2	3	4	5
50	7	8	9	10	11	12
51	14	15	16	17	18	19
52	21	22	23	24	25	26
53	28	29	30	31		

January 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
53					1	2
1	4	5	6	7	8	9
2	11	12	13	14	15	16
3	18	19	20	21	22	23
4	25	26	27	28	29	30

February 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
5	1	2	3	4	5	6
6	8	9	10	11	12	13
7	15	16	17	18	19	20
8	22	23	24	25	26	27

March 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
9	1	2	3	4	5	6
10	8	9	10	11	12	13
11	15	16	17	18	19	20
12	22	23	24	25	26	27
13	29	30	31			

April 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
13				1	2	3
14	5	6	7	8	9	10
15	12	13	14	15	16	17
16	19	20	21	22	23	24
17	26	27	28	29	30	

May 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
17						1
18	3	4	5	6	7	8
19	10	11	12	13	14	15
20	17	18	19	20	21	22
21	24	25	26	27	28	29
22	31					

June 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
22		1	2	3	4	5
23	7	8	9	10	11	12
24	14	15	16	17	18	19
25	21	22	23	24	25	26
26	28	29	30			

July 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
26				1	2	3
27	5	6	7	8	9	10
28	12	13	14	15	16	17
29	19	20	21	22	23	24
30	26	27	28	29	30	31

August 2027						
Wk	Mo	Tu	We	Th	Fr	Sa
30						1
31	2	3	4	5	6	7
32	9	10	11	12	13	14
33	16	17	18	19	20	21
34	23	24	25	26	27	28
35	30	31				

INSET DAYS

HOLIDAYS

*School finishes at 1.00pm on 17/12/26 & 20/07/27



I LOVE SCHOOL DINNERS

INDEPENDENTCATERING | EDUCATER LIMITED

Made in your school kitchen! We prepare and cook all our menu items, so if you need to know the ingredients, please ask. All our meals are made daily from fresh locally sourced and seasonal produce from Kent.

DUE TO CURRENT SUPPLY RISKS, ALLERGENS MAY BE SUBJECT TO CHANGE

WEEK

4

	MONDAY 21 SEPTEMBER	TUESDAY 22 SEPTEMBER	WEDNESDAY 23 SEPTEMBER	THURSDAY 24 SEPTEMBER	FRIDAY 25 SEPTEMBER
V VEGETARIAN VEGAN	Vegetable Sausage (1) VEGAN	Mixed Bean Chilli in a Taco (May Contain 1, 11) VEGAN	Cherry Tomato, Cheese and Roast Vegetable Quiche (1, 7, 9) (May Contain 8, 10)	Butternut and Pea Risotto VEGAN (May Contain 10) Try our Ingredient of the month	Cheese and Onion Turnover (1, 9) (May Contain 8)
M MAIN MEAL	Sausages with Gravy (1, 14)	Mild Beef Chilli with Nachos (May Contain 1, 11)	Roast Gammon and Pineapple with Gravy	Mediterranean Chicken with Tomato and Peppers	Breaded Fish (1, 4)
P PASTA DISH	Roasted Vegetable Pasta (1)	Fresh Pesto Pasta (1)	Smooth Tomato Pasta (1)	Macaroni Cheese (1, 9, 11) (May Contain 8)	Arrabiata Pasta Twirls (1)
J JACKET POTATO	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day	Jacket Potato with Topping of the Day
S SIDE DISHERS	Diced Potatoes with Garden Peas and Salad Bar	Tomato Rice with Green Beans and Salad Bar	Roast Potatoes, Roasted Root Vegetables, and Fresh Cabbage Try our Ingredient of the month	Wholemeal Rice, Broccoli and Salad Bar	Chips, Peas, Baked Beans and Salad Bar
D DESSERT DISHERS	Oaty Apple Crumble with Custard (1, 9) (May Contain 7, 8)	Mixed Berry Cheesecake (1, 9) (May Contain 8)	Lemon Cake with Custard (1, 7, 9) (May Contain 8)	Tutti Frutti Thursday	Chocolate Cookie (1) (May Contain 8)

AVAILABLE DAILY – HOMEMADE WHOLEMEAL BREAD (1, 8) - JELLY - FRESH FRUIT - CHEESE BISCUITS (1, 9) - FRESH SALAD BAR

ALLERGEN KEY

1 CEREALS CONTAINING GLUTEN
2 CRUSTACEANS

3 MOLLUSCS
4 FISH

5 PEANUTS
6 NUTS

7 EGGS
8 SOYBEANS

9 MILK
10 CELERY

11 MUSTARD
12 LUPIN

13 SESAME
14 SULPHUR DIOXIDE

***ALL OUR MENUS ARE TREE NUT AND PEANUT FREE**

INGREDIENTS CONTAINING GLUTEN (INDICATED BY THE NUMBER 1 ON THE MENU) WILL CONTAIN WHEAT, OATS, BARLEY, SPELT, RYE OR KAMUT, OR A COMBINATION THEREOF. IF YOU HAVE ANY ALLERGEN CONCERNS PLEASE SPEAK TO THE CATERING MANAGER. WHILEST WE DO NOT BRING WHOLE NUTS OR INGREDIENTS WITH NUTS INTO OUR KITCHENS, SOME PRODUCTS ARE SUBJECT TO 'MAY CONTAIN' STATUS IN MANUFACTURING.

WE ONLY USE



4 CHOICE MENU

INDEPENDENTCATERING.CO.UK

EDUCATERLIMITED.COM

Breakfast Club and Extended Day Menu



SCHOOL MENU

	MON	TUE	WED	THU	FRI
BREAKFAST	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of following : Toast/Pancakes/ served with jam, honey or butter Brioche <u>Choice of fruit</u> Melon Banana Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of following : Toast/Waffles/ served with jam, honey or butter Brioche <u>Choice of fruit</u> Banana Satsuma Apples Flavoured Yoghurt	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of following : Toast/Pancakes/ served with jam, honey or butter Brioche <u>Choice of fruit</u> Melon Banana Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of following : Toast/Waffles/ served with jam, honey or butter Brioche <u>Choice of fruit</u> Banana Satsuma Apples Flavoured Yoghurts	Choice of 2 cereal which will be : Honey Loops Chocolate Hoops Corn Flakes/Rice Krispies Choice of 2 of following : Toast/Pancakes/ served with jam, honey or butter Brioche <u>Choice of fruit</u> Melon Banana Apples Flavoured Yoghurts

SCHOOL MENU

	MON	TUE	WED	THU	FRI
Short session 3:15-4:30 Snack	Crackers with jam /cheese spread with butter jam or honey.				
WEEK 1	Cheese/Ham Pitta Cucumber/Carrot sticks	Pasta Cucumber sticks & Tomatoes	Beans or spaghetti Hoops on Toast Cucumber/Pepper Sticks	Pizza Carrot sticks & Sweetcorn	Chicken or Veggie nuggets Peas or Carrot sticks
WEEK 2	Cheese/Ham wraps Cucumber/Carrot sticks	Noodles Cucumber sticks & Tomato	Ham/Cheese or Beans Toasted sandwich Cucumber/Pepper Sticks	Pizza Carrot sticks or Pepper Sticks	Chicken or Veggie nuggets Sweetcorn & Carrot sticks
DESSERT	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake	Choice of Fruit or Fairy Cake

Extended day 3:15 - 6:00 pm session

Light dinner option will be served between 4.30-4.45 - If your child does not like the choice of food on the date then we will be serving the default option of Honey Cheese Toasted sandwich.

Information

When dropping off and collecting your children from school, please be mindful of our neighbours. We have received concerns from local residents asking that driveways are not blocked or used for parking at any time. In addition, please do not park in restricted areas, including the zig-zag lines outside the school, permit holder spaces, or in car parks within the surrounding closes. Your cooperation in respecting local residents, road safety regulations, and access for all is greatly appreciated.

Thank you in advance for your support



If you need a new book bag or PE bag please go to the school office where you can purchase these.

Our new Pelham rucksacks can **only** be purchased from Casey's School Uniform. The link is below.
<https://www.caseysschoolwear.co.uk/primary-school/pelham-primary-school.htm>



If you would like to speak to a member of the school leadership team please email:
pelhamadmin@illuminateminds.org

WE DREAM BIG